

Outpatient Risks & Benefits of Substance Use Treatment



All participants in the Power of Change Outpatient Program will be informed of the inherent risks and benefits involved if they participate in the program.

These risks may include but are not limited to:

1. Since this is an outpatient program, clients can still access drugs or alcohol and may injure themselves or others as a result of this.
2. You may meet new people and acquaintances.
3. You may see people in the program that you already know; this may be uncomfortable.
4. You may feel alienated from friends, family members, or relatives.
5. You or your family may experience a sense of chaos as people change roles.

These benefits may include but are not limited to:

1. Sobriety from drugs and alcohol.
2. Peer support during the treatment process.
3. Restoring a sense of self-respect, dignity, and a healthy lifestyle free of chemicals.
4. Coping skills to address triggers and cravings for substance use.
5. Sober support network.