

Community Resource Directory

Housing Instability

Tri-Valley Opportunity Council

📍 102 N Broadway | Crookston

📞 218.281.5832 | 800.584.7020

Care and Share, Inc. Homeless Shelter

📍 220 E. 3rd Street | Crookston

📞 218.281.2644

Churches United Homeless Shelter

📍 1901 1st Ave N | Moorhead

📞 218.236.0372

Northlands Rescue Mission

📍 420 Division Ave | Grand Forks

📞 701.772.6600

Food Insecurities

Supplemental Nutrition Assistance Program

📍 15 2nd Ave #108 | Ada

📞 218.784.5400

Valley Food Shelf

📍 110 3rd Ave E | Ada

📞 218.784.4010

Immanuel Lutheran Church Food Shelf

📍 321 Main St E | Hendrum

📞 218.861.6218

Commodity Supplemental Food Program

📍 405 E Thorpe Ave | Ada

📞 218.784.7300

St. Williams Catholic Church Food Shelf

📍 500 Lincoln Ave NW | Twin Valley

📞 218.784.4131

Bread of Life Food Pantry

📍 124 7th St | Felton

📞 218.494.3600

Transportation

Tri-Valley Heartland Express

📍 102 N Broadway | Crookston

📞 218.281.0700 | 800.201.3432

Rural Transportation Collaborative | TVOC

📍 102 N Broadway | Crookston

📞 1.866.884.2695

Utility Needs

LIHEAP Tri-Valley Opportunity Council

📍 102 N Broadway | Crookston

📞 218.281.9080 | 866.264.3729

Emergency Assistance | Norman County
Human Services

📍 15 2nd Ave #108 | Ada

📞 218.784.5400

Interpersonal Safety

Norman County Victim Assistance Program

📍 402 E Third St #9 | Ada

📞 218.784.3312 | 218.280.5288

After hours: 800.556.9661

Alluma

📍 201 9th Street West | Ada (inside Essentia)

📞 218.281.3940 | 800.418.7326

24/7 Support & Crisis Helpline: 800.282.5005